



Complete the sentences below with true information about yourself.

Name: _____

1. I am always
I always
2. I am usually
I usually
3. I am frequently
I frequently
4. I am normally
I normally
5. I am often
I often
6. I am sometimes
I sometimes
7. I am occasionally
I occasionally
8. I am rarely
I rarely
9. I am seldom
I seldom
10. I am never
I never

Adverbs of Frequency

100% always	90% usually	80% frequently	80% normally	70% often
50% sometimes	30% occasionally	10% rarely	10% seldom	0% never

Structures: subject + be + adverb + adjective

subject + adverb + main verb

Examples: I am always happy.

I always pass my exams.